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	<b>Risk Assessment Training</b>	<p>Teaches what Risk Assessments are, as well as how and when to perform them. Understand the benefits of comprehensive risk assessments, and comply with basic legislation. IOSH approved.</p>
	<b>Health and Safety Essentials</b>	<p>Easy-to-follow but comprehensive introduction to the major topics that will keep your workplace safe. IOSH approved.</p>
	<b>Health and Safety for Managers</b>	<p>Leads through necessary steps and informs about different laws and legislation. ROSPA approved</p>
	<b>First Aid Appointed Person</b>	<p>Educate a designated individual within an organisation about their responsibilities as a First Aid Appointed Person. ROSPA approved</p>
	<b>Personal Protective Equipment (PPE)</b>	<p>Highlights the importance of wearing the PPE which has been provided, wearing it correctly and looking after it properly. ROSPA &amp; IOSH approved</p>
	<b>Fire Marshal &amp; Warden</b>	<p>A complete in-depth Fire Marshal/Fire Warden training course that will equip you with all the knowledge you need to become a fully trained Fire Warden or Fire Marshal. IOSH, CPD &amp; ROSPA approved</p>
	<b>Manual Handling</b>	<p>All you need to know about safe Moving and Handling, including lifting techniques, LITE, and why Manual Handling training is so important. CPD &amp; IOSH approved</p>
	<b>DSE (Display Screen Equipment)</b>	<p>Help you work towards legal compliance and avoid RSI, headaches, eye strain and back problems. CPD &amp; IOSH approved</p>

	<b>Lone Worker - In the Workplace</b>	Helps Lone Workers within a workplace to increase their safety every day. CPD & ROSPA approved
	<b>Lone Worker - Out of The Workplace</b>	Helps professionals increase their everyday safety when working alone or away from a fixed workplace. CPD & ROSPA approved
	<b>Driver Awareness</b>	Legal requirements and responsibilities involved in being a safe driver. It also covers what to do if you breakdown or have an accident. CPD & IOSH approved
	<b>COSHH</b>	This Control of Substances Hazardous to Health (COSHH) online training covers all aspects of chemical and hazardous substance safety in the workplace. CPD & IOSH approved
	<b>Asbestos Awareness</b>	Help you comply with current legislation and aims to help those at risk from Asbestos exposure to be more conscious of their surrounding. CPD, IATP & IOSH approved
	<b>Ladder Safety</b>	Reduce the risk of ladder-related injuries and increase your knowledge and skills. It includes how to select, setup, and use a ladder correctly, as well as conduct pre-checks. CPD Approved
	<b>Working at Height</b>	Essential course for professionals operating in any environment in which there is potential to fall. CPD & IOSH approved
	<b>Moving and Handling People</b>	Explains the process of moving someone safely and gives step-by-step guidance, showing the most common lifts and moves. CPD Approved

	<b>Safeguarding Children</b>	Protecting children and keeping them safe from harm. This Safeguarding Children Training has been designed for anyone who comes into contact with children, either through their work or through volunteering. CPD & IIRSM approved.
	<b>Safeguarding Vulnerable Adults</b>	Covers the signs of abuse and explains what to do if you suspect something is happening to a vulnerable adult. CPD & IIRSM approved.
	<b>Infection Prevention and Control</b>	Help to stop infection spreading in the workplace. CPD & IIRSM approved.
	<b>Legionella Awareness</b>	How to protect your organisation from harmful Legionnaires' disease. CIEH Assured & CPD approved.
	<b>Food Safety and Hygiene - Level 2</b>	Food Safety and Hygiene level 2 online training is a requirement for anybody who regularly handles food - whether during production, preparation or sale. CIEH assured and CPD approved
	<b>Food Allergy Awareness</b>	Training is legally required by the EU Food Information for Consumers Regulation in order for allergen information to be made available to consumers. CIEH assured and CPD approved
	<b>New and Expectant Mothers</b>	Provides both employers and employees with everything they need to know about returning to work post pregnancy and considerations for expectant mothers. CPD approved
	<b>Sexual Harassment</b>	Raises awareness, sheds light on the grey areas, and provides you with the tools and guidance you need to identify, prevent and remove sexual harassment from the workplace. CPD approved

	<b>Unconscious Bias - For Managers</b>	Created for management to identify, challenge and reduce bias in the workplace, so they can cultivate a fairer, more diverse and successful organisation. CPD approved
	<b>Unconscious Bias - For Employees</b>	Identify, challenge and reduce unconscious bias in the workplace. CPD approved
	<b>Bullying &amp; Harassment - For Managers</b>	For the leaders and managers in your organisation. Create a positive culture by providing practical guidance for preventing, handling and tackling bullying and harassment at work
	<b>Bullying &amp; Harassment - For Employees</b>	It provides practical steps and conscientious guidance to help prevent, identify and confidently confront bullying and harassment. CPD approved
	<b>Equality and Diversity</b>	Reflects the Equality Act 2010 and introduces the idea of protected characteristics, discrimination and unfair treatment within the professional environment.
	<b>Stress Awareness</b>	Take positive steps to help identify and prevent stress at work. CPD, IOSH & stress management society approved.
	<b>Mental Health Awareness</b>	Raises awareness of ill-mental health (particularly stress, depression and anxiety), provides tools and guidance for daily wellbeing-management, and aims to remove the stigma surrounding mental health. CPD approved
	<b>GDPR</b>	One-stop guide to everything you need to know about the latest change in data protection law. It explores the principles of the regulations, providing you with all the information you need to make sure you're compliant. CPD approved